



The Welsh Amateur Rowing Association

ANNUAL DINNER DANCE

With guest speaker

PETER HAINING

Lwt 1x World Champion 1993-95

will be held on

Saturday 20th October 2007

(Same day as Cardiff Small Boats Head)

At

The Park Inn Hotel, Cardiff

Tickets £28 each

Menu:

- Potato and Leek Soup
- Supreme of Chicken stuffed with asparagus and goats cheese cuddling a tomato fondant served with mint roasted potatoes and a tarragon jus.
or
Vegetarian Tartlet filled with tomato and broccoli and cream of asparagus
- Strawberry cheesecake tartlet with lemon dressing

Information and tickets from **Sue Griffiths**

01600 712738

griffithssm@btopenworld.com

Click on www.walesrowing.com

to download a booking form from the home page