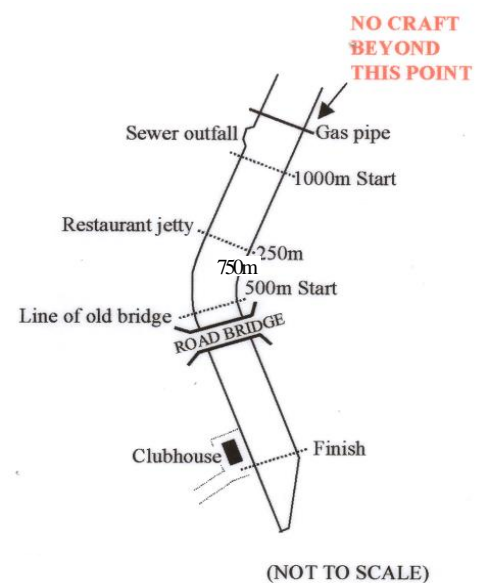


LLANDAFF ROWING CLUB BY-LAWS FOR USE OF THE RIVER

PLEASE READ THESE CAREFULLY

1. The rule of the road applies to the river which is a three-lane highway. You travel upstream on the clubhouse side and downstream on the weir side. **The centre of the river may only be used whilst overtaking.**
2. Exit and entrance to the landing stage may only be done with boats pointing upstream.
3. **TURNING** on the river should take place at either the top or the bottom of the river. When turning takes place in any other part of the river it should only be done where the crew has a clear view of the river up and down stream and it is safe to do so. No waiting crew may turn ahead of a turning crew without first seeking the turning crew's permission.
4. Boat turning on the course (between the 1000m Start and Finish) must be clockwise.
5. Crews resting on the river may only do so downstream of the road bridge and upstream of the 750m mark. Resting crews must remain tucked into the bank.
6. It is the **sole responsibility** of a crew or sculler to warn other boats approaching astern by shouting "**AHEAD**" or "**TAKE A LOOK**". The slower crew must REPEAT THE WARNING UNTIL IT IS ACKNOWLEDGED. The slower crew should assist the overtaking crew by keeping tight to the bank where possible. The overtaking crew should always pass on the outside and give clear water to the slower crew. **At no time should more than one boat simultaneously overtake a slower boat.** Coaches in sculling boats should also abide by this rule.
7. The **Captain of the boat** is the STEERPERSON in the boat. (unless otherwise nominated or if the coxswain is inexperienced).
8. It is the **Boat Captain's responsibility** to ensure that:
 - a. **The Coxswain is wearing a lifejacket.**
 - b. **There is a securely and correctly fitted bow ball.**
 - c. **The heel restraints are all in working order.**
 - d. **Any damage to the boat or equipment is logged on the Boatman's white board, emailed and verbally reported to the Boatman, Club Captain or Vice Captain.**
9. Club boats may not be used if any part of the landing stage is covered by the river.
10. PLAY boats may not go above the road bridge.
11. During poor visibility and after sunset (as stated in Row Safe) ALL boats are to show **effective** lighting. A steady or flashing white light fitted to the bow and a steady or flashing red light on the stern. Lights must be secured to the boat, not the riggers, oarspersons, or Coxswain. They must point along the line of the boat. The forward light must be visible with ease for a distance of at least 150 metres.
12. Only competent scullers and coxless crews are permitted to use Club boats after dark. After dark all steerspersons must be competent.
13. In the event of an accident, written reports from all parties involved must be submitted to the Club's Safety Advisor within 48 hours.
14. When boating or landing all boats must use the furthest available upstream part of the landing stage. Boats must not be left at the stage unnecessarily.
15. Any crew not complying with ALL rules will be reported to their Club Captain/General Management Committee who will decide what disciplinary action is appropriate.



EVERYONE IS RESPONSIBLE FOR SAFETY

Updated August 2017