







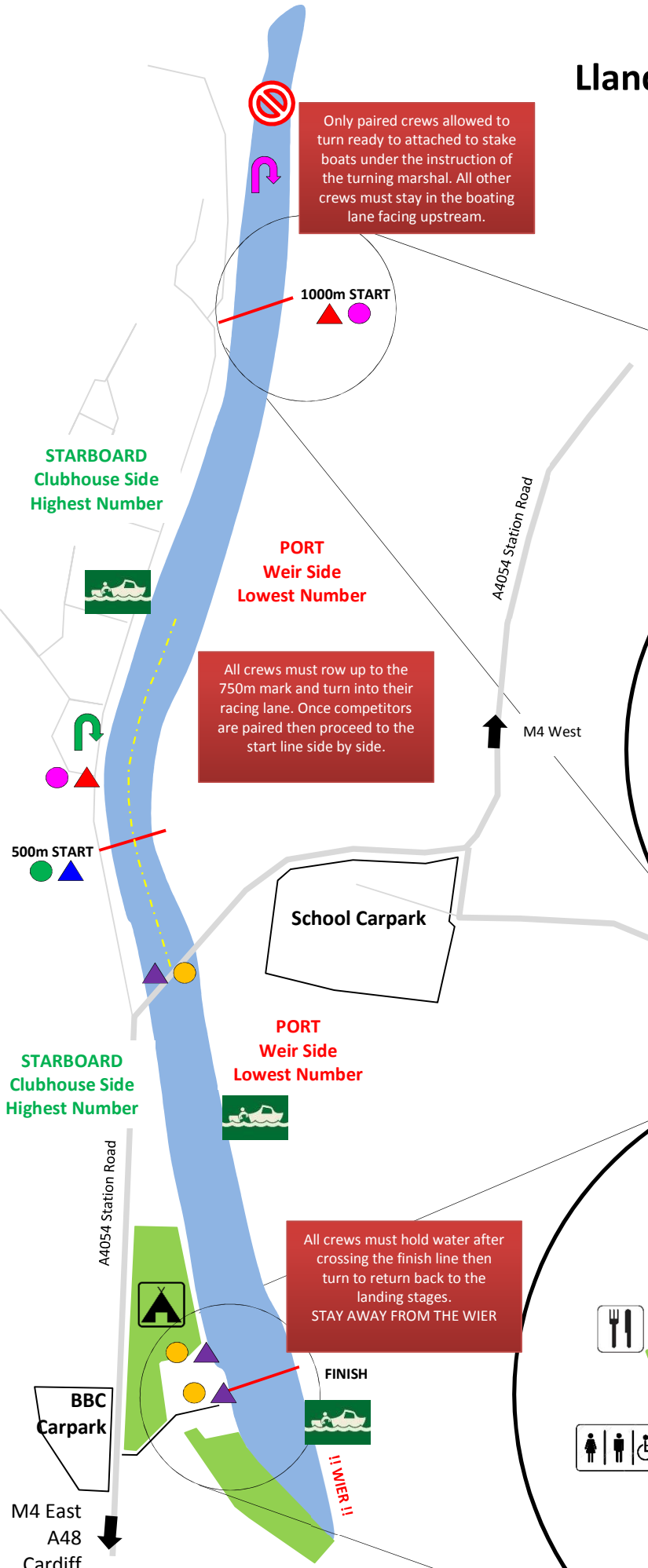


Llandaff Rowing Club Regatta Plan

- KEY**
-  Saturday Turning Marshal
 -  Saturday Course Marshal
 -  Saturday Umpires
 -  Sunday Turning Marshal
 -  Sunday Course Marshal
 -  Sunday Umpires
 -  Both Day Course Marshal
 -  Both Day Umpires



Only paired crews allowed to turn ready to attached to stake boats under the instruction of the turning marshal. All other crews must stay in the boating lane facing upstream.

All crews must row up to the 750m mark and turn into their racing lane. Once competitors are paired then proceed to the start line side by side.

All crews must hold water after crossing the finish line then turn to return back to the landing stages. **STAY AWAY FROM THE WIER**

